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ASIAN GAMES 2022 HANGZHOU INDIAN MEDAL TALLY



India passed the 100-medal mark for the first time in the competition history



Indian athletes concluded their final day of competition at Asian Games 2023, leaving an indelible mark in the records of sporting history. The Indian contingent accomplished a remarkable feat that is bound to capture the attention and conversations of sports enthusiasts for years to come. Indian athletes participated in various sporting events on October 7 at the Asian Games 2023, basically demonstrating their prowess across 11 different sports disciplines. These sports included archery, badminton, chess, cricket, hockey, ju-jitsu, kabaddi, roller skating, soft tennis, volleyball, and wrestling.

While medals were awarded in various sports such as wrestling, cricket and chess, the attention was particularly drawn towards the medals won in kabaddi, archery and badminton.

Prime Minister Narendra Modi applauded the Indian athletes for their historic achievement. He will host and interact with the Asian Games contingent once they arrive back home on the 10th of October. The hundredth medal for the country was won by the women's Kabaddi team, who beat Taipei in a thrilling match while the women's Hockey team clinched bronze against Japan. Prime Minister applauded the team on their historic win, saying that the victory is a testament to the indomitable spirit of our women athletes. In the end, India finish in fourth place in the overall medal tally with 28 Gold medals, 8 ahead of Uzbekistan in fifth. The one that will forever be imprinted in our minds is 107 - the number of medals that these wonderful sportspersons have brought home.

Meanwhile, President Droupadi Murmu today said India's contingent has signed off Asian Games with an impressive show of skill and grit. In a social media post, President Murmu congratulated the Indian women's and men's kabaddi teams for their gold medals. She said Indian men's cricket team also won gold while men's doubles pair of Satwiksairaj Rankireddy and Chirag Shetty won India's first-ever badminton gold medal. She said the nation is proud of the players who bring home 107 medals, setting new benchmarks of excellence.

Prime Minister Narendra Modi has also congratulated the Kabbadi Men's Team for clinching the Gold Medal at Asian Games. In a social media post, Mr Modi said their determination and teamwork have brought glory to India. He also praised Deepak Punia for winning the Silver Medal in the Men's Wrestling 86 kg event, saying his dedication and spirit are truly inspiring.

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IAS

The tenure of Amit Khare (Retd IAS: 1985: JH) as Advisor to Prime Minister, in the rank and scale of Secretary to Government of India on contract basis, was extended beyond 12.10.2023 for a period, co-terminus with the term of Prime Minister.

Tenure of Ritesh Chauhan (IAS: 2005: HP), CEO, Pradhan Mantri Fasal Bima Yojana (PMFBY) & Joint Secretary, Department of Agriculture & Farmers Welfare, was extended for a period of one year.

Tenure of Amit Agrawal (IAS: 1993: CG), Chief Executive Officer, Unique Identification Authority of India, was extended for a period of one year i.e. up to 02.11.2024.

Tenure of Piyush Goyal (IAS: 1994: NL), CEO, NATGRID, was extended for a period up to 19.11.2025.

Tenure of Sukriti Likhli (IAS: 1993: HY), Additional Secretary & Financial Adviser, Ministry of Steel, was extended for a period up to 19.09.2025.

Vipul Ujwal (IAS: 2009: PB) was appointed as Director in the Ministry of Panchayati Raj for a period of five years.

Saroj Kumar (IAS: 2008: UP) was appointed as Director in the Ministry of Health and Family Welfare for a period of five years.

Mayur Ratilal Govekar (IAS: 2014: TR) was appointed as Deputy Secretary in the Ministry of Road Transport & Highways for a period of four years.

Ashutosh Niranjani (IAS: 2010: UP) was appointed as Deputy Secretary in the Ministry of Micro, Small & Medium Enterprises (MSME) for a period of four years.

The tenure of upgradation of the post of Secretary, National Commission for Safai Karmcharis (NCSK) from the level of Joint Secretary to that of Additional Secretary, presently held by Ram K. Khandelwal (IAS: 1989: BH) Was extended for a term up to 24.03.2024.

Vishal Chauhan (IAS: 1998: SK) was appointed as Member (Administration), National Highways Authority of India (NHAI) for an overall tenure of five years ending 30.11.2025.

Puneet Yadav (IAS: 1999: WB) was appointed as Joint Secretary, Department of Administrative Reforms and Public Grievances for an overall tenure of five years ending 21.09.2025.

Vijay Nehra (IAS: 2001:GJ) was appointed as Senior Directing Staff (CS), National Defence College (NDC) under the Ministry of Defence, for a tenure of five years vice Priyank Bharti (IAS: 2001:PB)

Brijesh Pandey (IAS: 2004: TR) was appointed as Joint Secretary, Ministry of Development of North Eastern Region for a tenure of five years vice Saurabh Endley (IRSME: 1990).

Manish Bhardwaj (IAS: 1997: GJ) was appointed as Deputy Director General (DDG), Unique Identification Authority of India (UIDAI) under the Ministry of Electronics & Information Technology for a tenure of five years. He replaces Rupinder Singh (IAS: 1996: MH).

Sumita Singh (CSS) was appointed as Joint Secretary, Ministry of Home Affairs, for a tenure of five years.

Anandrao Vishnu Patil (IAS: 1998: TN) was appointed as Joint Secretary, Department of School Education & Literacy for a tenure of five years.

Beena M (IAS: 1999: KL) was appointed as Development Commissioner (Handlooms), Office of Development Commissioner (Handlooms) for a combined tenure of seven years ending 03.10.2025.

Pradeep Kumar Agrawal (IAS: 2006: PB) was appointed as Joint Secretary, Department of Water Resources, River Development and Ganga Rejuvenation, for a tenure of five years vice T Rajeshwari (ISS: 1985).

Amrendra Kishore Singh (IOFS: 2012) was appointed as Deputy Secretary in the Department of Heavy Industries for a period of four years.

Rajesh Kumar Gupta ((ITS: 1988) was appointed as Director in the Ministry of Home Affairs for a period of five years.

PESB selects Uday A Kaole for the post of CMD, Mahanadi Coalfields Ltd. Currently, he is Director (Technical/P&P), BCCL.

Ramaswamy Narayanan, General Manager, GIC-Re, was appointed as Chairman-cum Managing Director of GIC-Re up to the date of attaining the age of superannuation i.e. 30.9.2025.

Ravinder Kumar (ITS: 2001) was appointed as Director in the Central Vigilance Commission for a period of five years.

Rajendra Kumar Kumhar (IOFS: 2011) was appointment as Deputy Secretary in the Ministry of Earth Sciences for a period of four years.

Silabhadra Das (IRSME: 2014) appointed as Deputy Secretary in the Ministry of Development of North Eastern Region (DONER) for a period of four years.

Santosh Vithal Daware (IA&AS:2008) was appointed as Director in the Central Vigilance Commission for a period of five years.

IPS

Saurabh Tripathi (IPS: 1997: TR) was appointed to the post of Scientist 'G' in National Technical Research Organisation (NTR) for a period of four years.

Imtiaz Ismail Parray (IPS: 2009: AGMUT) has been appointed as Deputy Inspector General in Sashastra Seema Bal (SSB) for a period of five years.

Cadre of Garima (IPS: 2020: TN) has been changed from Tamil Nadu cadre to AGMUT on grounds of her marriage with Pankaj Lamba (IPS: 2019: AGMUT).

Ram Prasad Meena (IPS: 1993: AM), Joint Secretary, Department of Social Justice & Empowerment, was appointed as Additional Director General in Border Security Force up to his superannuation i.e. 31.07.2025.

Kuldeep Dwivedi (IPS: 2005: JH) was laterally shifted from DIG, ITBP, New Delhi to DIG in CBI for a combined period of 5 years i.e. up to 17.01.2026.

The Ministry of Home Affairs granted Apex Scale to Satya Narayan Pradhan (IPS: 1988: JH), DG, Narcotics Control Bureau (NCB).

Gaurav Singh (IPS: 2012: MH) was inducted to the post of Superintendent of Police (SP) in CBI for a period of five years.

Appointments

Shanker Lal (IRS C&CE: 2013) was appointed as Deputy Secretary in the Department of Water Resources, River Development & Ganga Rejuvenation, Delhi for a period of four years.

Mayur Murlidhar Shindekar (CES (Roads): 2010) was appointed as Deputy Secretary in the Department of Promotion of Industry & Internal Trade (TSU), Delhi for a tenure up to 31.03.2025.

Rakesh Kumar Tondar (ITS: 1998) was appointed as Director in the Department of Promotion of Industry & Internal Trade (TSU), Delhi for a tenure up to 31.03.2025 i.e. till TSU is functional.

Gaigongdin Panmei (IRS C&IT:1989), Financial Adviser (JS level), North Eastern Council, Shillong under the Ministry of Development of North Eastern Region, was given extension for a period of six months up to 31.03.2024.

PESB on Monday selected Manobendra Ghoshal for the post of Chairman & Managing Director, MSTC LTD. Currently, he is Executive Director, RITES Limited.

The Central Deputation tenure of Ashish Srivastava (IAS: 1992: MP) as Adviser, Inter State Council Secretariat, Ministry of Home Affairs, was extended for a period up to 03.10.2025.

The tenure of Dr Rajesh S Gokhale as Secretary, Department of Biotechnology, was extended for a period of two years w.e.f. 01.11.2023.

Ujjwal Kumar was appointed as OSD to Dr Subhas Sarkar, MoS in the Ministry of Education, at the level of Deputy Secretary. Currently, he is working as Deputy Secretary, Rajya Sabha Secretariat.

Nipun Pande (IRSEE: 2011) was appointed as Joint Development Commissioner (JDC) (Deputy Secretary level) in the office of Development Commissioner (Handlooms) under Ministry of Textiles for a period of four years.

Vageesh Tiwari (IRAS: 2008) was appointed as Director in the Ministry of Electronics & Information Technology for a period of five years.

Anuj Ojha (ISupplyS: 2012) was appointed as Joint Development Commissioner (JDC) (Deputy Secretary level) in the office of Development Commissioner (Handicrafts) under Ministry of Textiles for a period of four years.

Tenure of Vivek Kumar (IDES: 2005), Director, CVC, was extended for a further period up to 30.07.2024.

Tenure of Amal Garg (IRS IT: 1995) CVO, Airports Authority of India (AAI), Delhi, was extended for a period of 2 years i.e. up to 20.10.2025.

Tenure of Simmi R Nakra (IP&TAFS: 1994), CVO, Power Finance Corporation (PFC), Delhi, was extended for a period of 2 years beyond up to 01.11.2025.

Tenure of Ashwini Kumar Tiwari (IDAS : 1994), CVO, Hindustan Petroleum Corporation Limited., (HPCL), Mumbai, was extended for a period of 2 years i.e. 14.10.2025.

Atul Malhari Gotsurve (IFS: 2004) was appointed as the next Ambassador of India to Mongolia.

Mukesh Singh (IPS: 1996: AGMUT) was appointed as Inspector General in Indo-Tibetan Border Police (ITBP) for a period of five years.

Dr N Gandhi Kumar (IRSC&IT: 2005) was prematurely repatriated to parent cadre to avail benefit of promotion. Currently, he is Director in the Revenue.

Rashmi Shukla New DGP of Maha, Rajnish Seth Chairman of MPSC



The Maharashtra government transferred and posted 2 IPS officers on very important posts. 1988 batch IPS officer, Ms. Rashmi Shukla, has been appointed as the new Director General of Police (DGP) in Maharashtra.

She will replace Mr. Rajnish Seth, an IPS officer of 1988 batch too, who has been transferred and posted as the new Chairman of the Maharashtra Public Service Commission (MPSC). After the current Chairman of MPSC, Kishorraje Nimbalkar, an IAS officer of 2003 batch, retired on 27 September, the post was lying vacant.

Similarly, IPS Rashmi Shukla was also tipped to be the next DGP of the state. As Mr. Seth vacated the post, Ms. Shukla was appointed to head the state police force.

CONCOR's new CMD Sanjay Swarup assumes charge

Shri Sanjay Swarup assumed charge as Chairman and Managing Director at CONCOR on October 01, 2023.

A proven leader, he brings a wealth of logistics, infrastructure & IT experience to drive India's container logistics sector, in line with PM's vision of Atma Nirbhar Bharat & Gati Shakti. Mr. Sanjay Swarup has done his B.E. (Hons.)- Electronics and Communication Engineering from IIT Roorkee and PGDM (Public Policy and Management) from IIM Bangalore. He belongs to 1990 Batch of Indian Railway Traffic Service (IRTS).

Mr. Swarup has extensive experience of leadership roles in CPSE and Government. His more than three decades career spans a range of assignments in Public Sector and Government.



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Corridors of Power



Enlightening

DGP Anjani Kumar attended the special occasion commemorating the Birth Centenary of Prof. S. Venugopal Rao, hosted by the Administrative Staff College of India. It promised to be an enlightening and insightful gathering.

Another news is Cyberabad is the first police unit in the country to refund such huge amount to Cyber Crime victims. Hearty congratulations to the team. It shows where there is a will there is a way.

DG also inaugurated the new BHAROSA centre - one point women help centre in Siddipet. Soon every district will have Women Help centre - BHAROSA.

Policing Ki Century Mubarak



Outstanding ! Big task, Ganesh procession and Milad juloos , both events were on cards back to back. The city police chief CV Anand accepted the challenge and proved his capability once again. Whereas it was not easy this time, but Mr. Anand put his endless efforts to make the events smooth and peaceful. Hours of follow-ups, commitment, motivation, field inspections and perfect team coordination made the both major events peaceful. Ye tho Anand ka charisma hai, iss liye sab mumkin hua. Style, System aur sonch maine rakta hai, aur yahi sonch ke karan city police ka jhanda aur uncha ho raha hai. Maan gaye Anand sir, app ka koi jawab nahi !! Cricket ke saat-saat policing ki bhi century Mubarak ho.

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Special Service For Bathukamma



The Telangana State Road Transport Corporation (TSRTC) has announced plans of pressing into service as many 5,265 special buses to cater to the rush of passengers for the upcoming Dasara and Bathukamma festivals.

According to the transport juggernaut, the buses will be available from October 13 to October 25. These special buses are scheduled to run from Hyderabad and Secunderabad to all parts of Telangana, as well as Andhra Pradesh, Karnataka and Maharashtra. TSRTC managing director V.C.Sajjanar said, compared to last year, this year will see 1,000 buses more. He underscored that the ticket fare will not be hiked for special services, and emphasis is on passenger convenience and safety.



Meeting Of The Month

It's official! Delighted to call on Hon'ble Debashree Mukherjee, IAS, new Secretary, Department of Water Resources, River Development & Ganga Rejuvenation, Government of India. N.Ashok Babu, IRS, Director, National River Conservation Directorate after the meeting had some important discussion. Meeting of the month!



Healthy Morning

IAS officer , V. Karuna, Secretary of Education and D.Ronald Rose, Commissioner of GHMC, conducted surprise visit on the implementation of the Chief Minister's Breakfast Scheme at Govt High School , Erramanzil. They interacted with the parents and students and had breakfast with them. Good to see the smiling faces of the students, this kind of events will surely bring social equality among students.



Appreciations !

Governor Dr. Tamilisai Soundararajan participated in Conference of District Chairpersons and State MC Members of the Indian Red Cross Society, Telangana State Branch at Raj Bhavan in Hyderabad. The Governor appreciated their services in reaching out people around areas of human distress on sos calls and motivated them to achieve higher targets in terms of Membership, Voluntary blood donations and JanAushadhi Medical shops. Red Cross Society, Telangana State Chairman Ajay Mishra can also seen in the picture.



Pleasure Meeting Neha

"Such a pleasure to meet Neha Vedpathak , a talented and visionary Indian artist whose beautiful art is featured in our Consulate." told Jennifer Larson, US consul general. Neha and her art remind us every day how art and beauty so powerfully unite us. Amazing Neha !



Potential Collaborations

Gareth Wynn Owen, UK Dy. High Commissioner visited LV Prasad Eye Institute. "On my first official visit to LV Prasad Eye Institute , got an overview of the organisation and their incredible work. This premier eye health facility has partnerships with various UK organisations. We discussed other potential collaborations."



Meeting Of The Month

Turkey Consul General Orhan Yalman Okan is a happening diplomat and always believes in doing new and great works. "I am glad to host my dear friend, Mr. Naresh Viyaja Krishna, well-known Tollywood actor and Managing Director of Viyajakrishna Studios". Meeting of the month !



Asia One Diplomatic Excellence Award For Mir Nasir Ali Khan

Dr. Nawab Mir Nasir Ali Khan, Consul of the Republic of Kazakhstan for Telangana and Andhra Pradesh, has been honoured with Asia One Diplomatic Excellence Award 2023. This distinguished award was presented to him by Prof SP Singh Baghel, Minister of State for Health and Family Welfare, Government of India.


Another news is , The consular district of Honorary Consulate of Republic of Kazakhstan in Hyderabad has been expanded and Orissa, Madhya Pradesh and Chattisgarh have come under the consular district of Honorary Consulate of Republic of Kazakhstan in Hyderabad. Great news !



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Always Amazing

Mahesh Bhagwat, ADG, CID is a versatile IPS officer. He does many activities in one time and this quality is really exceptional. Now the news is Telangana CID team got 25 positions out of 26 at the All India Fingerprint Accreditation Examination held by the MHA Government of India. DGP congratulated ADG CID and the entire team. Telangana police remain the best in terms of professionalism in India. Always amazing !



Inspiring Episode

It's a news that , officers are taking part in International marathons and making records. News is , SP Asifabad Suresh kumar and his wife Sandhya completed the famous Berlin Marathon in a record time. A great encouragement to the police fraternity and the entire State. This is really a superb act, and entire department and the DGP Telangana has appreciated the gesture of couple.



Great Going SP

Jogulamba Gadwal SP K.Srujana is making rounds. The lady officer is on screen for her best performance in the district. The news is, women safety is the priority of lady SP and recently cases has been booked on the youth for eve-teasing and harassing women. And law & order is been strictly followed in the district, immediate action and social awareness campaigns are also on the priority of the SP. Great going !



Shubhrata- The Stronger Lady

This act needs guts ! Shubhrata Prakash, IRS officer post is making rounds and is been appreciated in numbers. On the occasion of World Mental Health Day she stated "I am an IRS officer, author, wife and mother. I am also a depression survivor. I have ADHD and Anxiety Disorder. I am not ashamed of my mental disorders; they are not choices. Life is tough but still beautiful! Really motivating !



Mama & Momo bonding

Sharing the picture from social media account of IAS Pamela Satpathy. "I told my son, "Baby you're growing so big, so fast. How have you reached my elbows!" He says, "Mama, I'm not Big, you're too small. So it was easy for me to catch up! You are small & slow Mama." Very cute and sweet answer ! Like it.

Wishes & Applauds To Vikas & Meena



Elections are on the cards ! It's going to be the big show, not just easy to execute. Needs lots of hard work , monitoring , preparation and dedication. The 1992 batch IAS officer Vikas Raj, Chief Electoral Officer, Telangana State is all set with his team to do and give the best. Can say one of the best and sincere officer in the officers fraternity. Applauds for his commitment and hard work. Whereas in Andhra Pradesh Mukesh Kumar Meena

as a CEO of the state is all set for the forthcoming elections. He is well-prepared and planned to give the best. Wishes and applauds for the both officers.

Bharosa Spreading The Wings



New happenings & new beginnings ! Good news that Bharosa Support Center is spreading its wings in nearby districts. Yes recently new Bharosa centers has been inaugurated at Siddipet and Sangareddy. Whereas new building inaugurated at Warangal and some useful and innovative collaborations , MoUs has also been signed. In the presence and directions of Shikha Goel,

ADGP, Women Safety Wing, Telengana, the Women Safety Wing is really growing and helping out to numbers of girl and women. Shikha-The Super Cop !



Why AR Srinivas Transferred !

In the recent reshuffle A.R. Srinivas, IPS, SPS:2004, Director, Anti-Corruption Bureau, was transferred and posted as Additional Director, Dr RBVRR Telangana Police Academy, TSPA. The officer is posted to ACB recently, then why suddenly, that too on Sunday he has been transferred is a talk in

the officers fraternity. Mr.Srinivas is known to be the sincere and honest officer, does his sincerity has not been digested or with the fear that he may dig the corrupted files, he has been suddenly transferred is the mystery. Picking good officers in an unfair practice, at least Sr.IPS officers should take a call on this kind of happenings.

Appointments

*Amber Kishore Jha, RR:2009, DIG, Home Guards & Technical Services, is transferred and posted as Joint Commissioner of Police, Administration, Rachakonda,

*V. Satyanarayana took over charge as commissioner of police of Nizamabad district here on Saturday. Police officers and staff of the commissionerate welcomed him on the occasion. Satyanarayana was selected as DSP in 1999 and conferred as IPS in 2011. Earlier, he had worked in Kurnool, East Godavari, Hyderabad, Karimnagar and Ramagundam in different capacities.

*Telangana Chief Minister has announced the constitution of a Pay Revision Commission (PRC) to revise the pay scales of State Government employees. Retired IAS officer N Shivshankar has been appointed as the Chairman of the PRC. Whereas B.Ramaiah, IAS (Retd.) appointed as Member.

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Public Sector

PFC sanctions Rs.15,000 crores for various projects



To reaffirm its commitment towards developing the power sector of the North Eastern Region, PFC, a Maharatna company and the leading NBFC in the Indian power sector, held its recent Board Meeting in Shillong, Meghalaya. PFC has sanctioned loans amounting to Rs.15,000 crore for various projects during its Board Meeting.

As part of its diversification strategy and funding for Infrastructure Projects, PFC sanctioned its maiden financing for a Greenfield Airport project in Andhra Pradesh.

PFC's Board of Directors also reviewed strategic agendas pertaining to the Company's business diversification strategy, including exploring avenues for expanding the business into new market segments and accelerating the funding in the Renewable Space, the current domestic and international market scenario and its impact on PFC's borrowing cost, and strengthening of internal systems to improve asset quality. The Meeting was attended by Parminder Chopra, CMD, Rajiv Ranjan Jha, Director (Projects); Manoj Sharma, Director (Commercial), PFC; Ajay Tewari, Director (Govt. Nominee); Bhaskar Bhattacharya, Independent Director, Usha Sajeev Nair, Independent Director and Prasanna Tantri, Independent Director.

PFC is playing a pivotal role in financing India's Energy Transition goals apart from funding power & infrastructure sectors and is also implementing key power sector initiatives of the Government of India, including Revamped Distribution Sector Scheme (RDSS) and Late Payment Surcharge (LPS) rules.

Punjab National Bank honoured with Green Ribbon Champions Award



Punjab National Bank (PNB), nation's leading public sector bank, won the Green Ribbon Champions Award under the CSR Green Initiative of the Year category. The prestigious award was presented by Dr. Jitendra Singh, Union Minister of State (I/C) for Science & Technology, Earth Sciences (I/C), MoS PMO, PP (DoPT), Atomic Energy. The award was given in recognition of PNB's remarkable efforts in planting over one lakh trees as part of its "PNB Palaash" project.

Under PNB Palaash Project, more than one lakh PNB employees had actively participated in planting saplings across the country. This project encompasses several themes, such as Electrical Vehicle Finance Scheme, Recycling Camps, Tree Plantation Drive, Paper Conservation Drive, and Energy Conservation Olympics. PNB Palaash is also aligned with Mission LiFE (Lifestyle for environment), which is an India-led global mass movement to nudge individual and community action to protect and preserve the environment. PNB takes immense pride in this recognition and remains dedicated to contributing positively to environmental sustainability.

NLCIL offered "SWACHHANJALI" to Mahatma Gandhi ji



In response to the clarion call given by the Hon'ble Prime Minister, NLCIL observed a 1 Hour Shramdaan by undertaking a mass cleaning drive and thereby paying "Swachhanjali" to the father of the Nation, Mahatma Gandhiji, on the eve of his Jayanthi, as part of Swachhata Hi Seva campaign.

The Mass Cleaning Campaign for a "garbage free India" was inaugurated at the ground near Central Bus Stand of NLCIL by Prasanna Kumar Motupalli, CMD, in the presence of Suresh Chandra Suman, Director (Mines) and Finance (Addl. Charge), Samir Swarup, Director (HR) and Brajesh Kumar Tripathy, CVO. A Swachhata pledge was administered to the participants by CMD. Each Unit of NLCIL was allotted a specific block/cleaning site for carrying out the Shramdaan.

Speaking on the occasion, Prasanna Kumar Motupalli, CMD, said that this cleanliness drive was being conducted as part of the Swachhata Hi Seva campaign for a garbage free India. While India possesses all the resources and potential to become a leading country of the world, all it needed was cleanliness. Mahatma Gandhi had, way back in the 1920s itself, stressed upon the importance of cleanliness and even placed it above Independence. It is our duty to realise this dream of Mahatma Gandhi. He said that he was proud that NLCIL was ranked Number 1 in the country in "Swachhata Pakhwada" activities among the PSUs last year and hoped that NLCIL would continue to excel in undertaking these measures.

NLC India Limited Signs PPA with GRIDCO Limited for 800MW



NLC India Limited (NLCIL) and GRIDCO Limited signed a Power Purchase Agreement (PPA) today in GRIDCO Limited in Bhubaneswar for 400MW in Stage-1 and 400 MW in Stage-2 of NLCIL's proposed Neyveli Talabira Super Critical Thermal Power Station (NTTTP) in Odisha. With this agreement, NLCIL has tied up its full capacity of 2400 MW of Neyveli Talabira Super Critical Thermal Power Station Stage-I.

In the august presence of M. Prasanna Kumar Motupalli, Chairman & Managing Director (CMD), NLC India Ltd and Trilochan Panda, Managing Director, GRIDCO Limited and Gagan Bihari Swain, Director (F&CA), GRIDCO Limited, the Power Purchase Agreement was signed by M Venkatachalam, Director/Power, NLC India Limited and Umakanta Sahoo, Director (T&BD), GRIDCO Limited.

NLCIL has already signed a similar agreement in the past with Tamil Nadu, Kerala and Pondicherry for 1,500 MW, 400 MW, and 100 MW power supply respectively from Neyveli Talabira Super Critical Thermal Power station Stage-I and in the second phase of 1x800 MW capacity of NTTTP, 400MW is tied up now with GRIDCO Odisha today.

HPCL's Swachhata Hi Seva 2023: 20,000+ Stakeholders Join for a Cleaner India



Under Swachhata Hi Seva Campaign – 2023, HPCL organized more than 1,000 Shramdaan activities through its Corporate and Marketing Headquarters, Refineries, Zonal Offices and Retail Outlet Network. Led by HPCL's C&MD, Functional Directors and CVO more than 20,000 stakeholders across the country actively participated in activities like Cleanliness Drives in and around office, Beach Cleaning, Railway Station Clean-up, Chaka-chak Residential Colonies, Clean Retail Outlets, Parks, Markets, Public Roads and Pathways. 'Swachhata Hi Seva Campaign - 2023', a nationwide effort to foster a culture of cleanliness and hygiene among masses, was marked with enthusiastic participation of countrymen making it a grand success. HPCL actively participated in the campaign by engaging its Employees and Workmen, School and College students, Police Officials, Paramilitary forces, Railways, Municipal Corporations and local communities at large. The proactive stance of the communities where HPCL operates and involvement of its employees and stakeholders in this initiative echoes a commitment towards a cleaner, healthier and sustainable India. HPCL feels proud to be a part of 'One Day One Hour One Cause' inspired by Hon'ble Prime Minister in this Jan Andolan.

SAIL Chairman highlights company's robust performance during its 51st AGM



Steel Authority of India Limited (SAIL) conducted its 51st Annual General Meeting (AGM), today at Company's headquarters at Lodi Road, New Delhi. Amarendu Prakash, Chairman, SAIL addressed the shareholders in the meeting, held through a virtual platform.

Addressing the company's shareholders, Amarendu Prakash, Chairman, SAIL, said that he is very confident and bullish about the company while outlining what to look forward to in the future. He said that SAIL's inherent strength and its endeavour to work on the company's core areas in the recent past are the factors that gave him the optimism and belief that SAIL can face the uncertainty and volatility in the Steel Industry. Summarising the company's performance during FY 2022-23, he pointed out that SAIL achieved a record annual production performance of 19.4 million tonnes (MT) and 18.3 MT of Hot Metal and Crude Steel respectively, where all its integrated Steel Plants achieved their best-ever production, leading to the best ever Crude Steel capacity utilization of about 94%. He also mentioned that SAIL surpassed a turnover of Rs 1 Lakh Crore for the second consecutive year. He added that focusing on the improvement of operating practices and realigning customer demand to optimize the product mix helped mitigate risks arising from volatility in the market.

NMDC paid floral tribute to Mahatma Gandhi on his 154th Jayanti

NMDC, India's largest iron ore producer, paid respect to the Father of our Nation, Mahatma Gandhi, on his 154th Jayanti today at its Head Office and all the Projects across the country. The Gandhi Jayanti celebrations at Head Office began with the lighting of the lamp and garlanding of Mahatma Gandhi's photo by Shri B. Sahoo, ED (Production Coordination & Safety), Shri M. Jayapal Reddy, ED (RP & RED), Shri A.S. Pardha Saradhi, ED /Company Secretary and Shri Satyender Rai, ED (P&A and DT) in the presence of senior officials and employees. The National Miner ran a massive Swachhata Hi Seva campaign in the honor of Mahatma Gandhi from 15th of September to the 2nd of October 2023. During this two-week program, various interactive workshops, competitions, and cleanliness drives were organized to encourage environmentally conscious behavior.

A prize distribution event was also held today to felicitate Safai Mitra and to award the winners of the Swachhata Hi Seva competitions.



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Proud Moment For Joyalukkas

At the World Jewellery Confederation's CIBJO Congress 2023 in Jaipur, India, Mr. John Paul Alukkas, Managing Director of Joyalukkas Jewellery, graciously accepted the award for 'Outstanding Contribution to the Industry' on behalf of Mr. Joy Alukkas, Chairman & MD of the Joyalukkas Group. A proud moment reflecting their dedication and legacy in the jewellery industry.

Cancer Awareness RUN Held

The World's largest Cancer awareness run "Quambiant Global Grace Cancer Run-2023" held in the city at Gachibowli Stadium. 15000 Participated in Hyderabad and over one lakh participated from across 130 countries in a marathon held in dual mode—virtual and physical. It was organised by Grace Cancer Foundation, a Hyderabad-based non-profit organisation with the support of Quambiant Developers as the title sponsor. GRACE stands for Global Research and Cancer Education. The run which was organised with the support of Quambiant Developers, Telangana Police, Hyderabad Runners and others was organised in three different categories—5K, 10K, and 21.1K (Half Marathon). Kajol Agarwal, a well-known film actress graced the closing ceremony of the Marathon and honoured Cancer conquerors with a shawl and a plant. They include Mrs Shashikala, Mrs Tejovasthi, Mr Sai Nandishwar Rao, Mrs Asad Lakshmi, Mrs Jayaprada, Mrs Sri Latha, Mrs Pushpalatha and others

Midnight Reporter's Sep Edition is Released by MP Santosh Kumar

Midnight Reporter's Hindi Diwas Special edition is out with a bang released by the happening Rajya Sabha Member & Founder of Green India Challenge Mr. J. Santosh Kumar. Click the epaper : www.midnightreporter.com

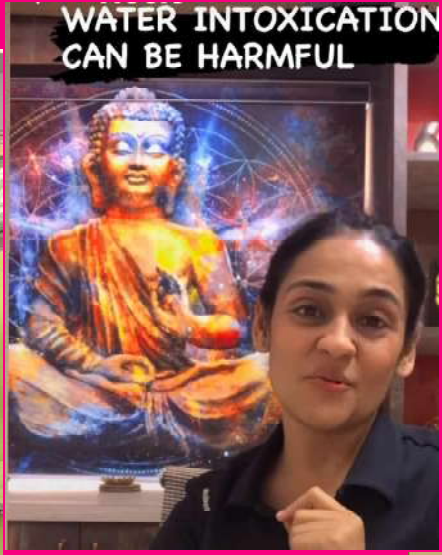


I Believe In Style

Namita Kankaria is on screen. "Fashion is transient trends come and goes. I believe in style, not in fashion". Its all about Navratri celebrations ! All set for the dhoom.

TAAMARA 'On Screen'

Applauds to Orange Feathers Events for the grand opening of the TAAMARA by Sushmitha & Sailaja Prabhu. Lovely vibrant collection of sarees and dresses. Live music, beautiful decor, scrumptious finger food, crafty flower making. Thanks for the lovely invitation dear USHA and Arti told Preeti Arya Chowdhry. Vibha Jain can also be seen in the picture.

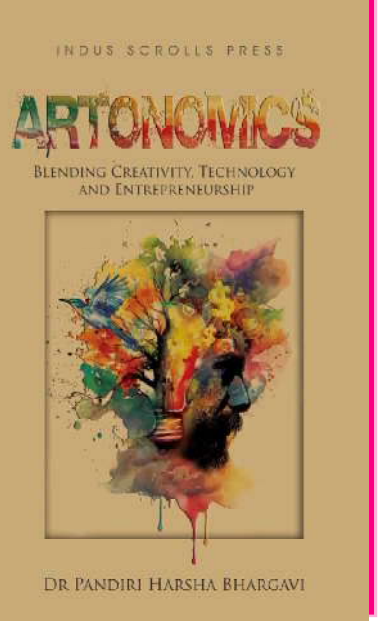


Calling all art and economics enthusiasts !

'Artonomics' is a brand new book written by Dr. Pandiri Harsha Bhargavi, that explores the intersection of these two fields, providing a unique perspective on the art world. Pre-order your copy today on Amazon and learn how economics can shed light on the value of art, the art market, and the role of art in society.

Drink Water, But Wisely !

Jyoti Jashnani, dietician and yoga ratna, told that one has to suffer if he drinks excess amount of water. It all depends on body to body and on the thirstiness. Drink wisely ! For more details contact Jyoti, who is in news these days with this topic. And one should know about the details for the healthy life style. Jyoti's mantra making rounds !!





How to Recreate Your Favorite Celebrity Bedrooms

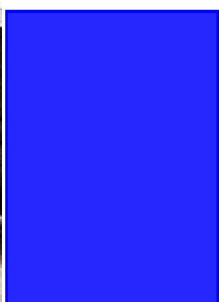
It's time to revamp your sanctuary with a little inspiration straight from our Open Door series

They say your bedroom is your sanctuary, and rightfully so—what happens behind those four walls where people spend most of their days is sacred. It's the only place where we can be unapologetically secluded, recharge our social batteries, and reveal the most vulnerable and intimate sides of ourselves.

AD's Open Door provides exclusive access into the homes of our favorite people. Over the years, the series has shined a spotlight on the humble (and not so humble) abodes of hundreds of A-listers. These rare videos reveal that, money and fame aside, celebrities are truly *just* like us as they, too, want their rooms to be a refuge. Some stars, like music legend Lenny Kravitz chose to spotlight retreats in far-flung places, while others, like singer Troye Sivan and actress Sienna Miller, keep things closer to their roots. "The house offers a sanctuary," Sienna said in her home tour. "It has a nurturing feeling; it is a home with a heart." The bedroom is no different.

Turning celeb inspo from our mood boards into fruition can be a challenge when you don't exactly have the same budget to work with, but it's not an impossible task. Lucky for you, we found some great, affordable options that channel the energy of some of the best houses in Hollywood (and beyond). Ahead, six of our bedroom crushes that we're still gushing over, along with a slew of identical finds and wallet-friendly alternatives for a fraction of the cost.

Right in the heart of Brooklyn's residential neighborhood of Carroll Gardens, the home of Hollywood power couple Lily Allen and David Harbour remains a romantic fantasy and their bedroom—or "bed womb" as Lily jokingly calls it—is no different. Inside their late 19th-century Italianate brownstone, designed with the architect Ben Bischoff of MADE and AD100 designer Billy Cotton, the sliding pocket door opens to a windowless interior that is enveloped in a soft, pink glow. The beauty of their room is in the smallest of details, from the blush-fringed silks to floral motifs.



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सिंधु घाटी सभ्यता से मिलता है भारत में हथकरघा का इतिहास



जब भी बात भारतीय हैंडलूम की होती है तो हमारा ध्यान खादी की ओर जाता है। हम सभी जानते हैं कि खादी जैसे प्राकृतिक फाइबर को गांधी जी ने अंग्रेजों से लड़ाई के वक्त दोबारा जिंदा किया था। लेकिन प्राकृतिक फाइबर इससे कहीं ज्यादा पुराना है।

भारत का हथकरघा उद्योग अत्यंत विशाल होने के साथ हजारों साल पुराना भी है। इसके सबूत आपको रामायण से लेकर महाभारत तक में मिल जाएंगे। कुछ

साक्ष्य यह भी बताते हैं कि भारतीय हथकरघा उद्योग लगभग 5000 वर्ष पुराना है, जो काफी लंबा समय है! यानी पिछले 5000 सालों से देश में हैंडलूम का इस्तेमाल कर खूबसूरत पहनावे डिजाइन किये जा रहे हैं। साथ ही भारत का कुछ बड़े देशों को हथकरघा कपड़ों के निर्यात का भी इतिहास रहा है। तो आइए आज नेशनल हैंडलूम डे के मौके पर जानें भारत में हथकरघा की शुरुआत कहां से हुई।

सिंधु घाटी सभ्यता- सिंधु घाटी के किसान कपास की कटाई और बुनाई करने वाले पहले लोग थे। 1929 में आर्कोयोलोजिस्ट को मोहनजो-दारो, जो अब पाकिस्तान है, में सूती कपड़ों के टुकड़े मिले थे, जो 3250 और 2750 ईसा पूर्व के बीच के थे। मेहरगढ़ के पास पाए गए कपास के बीज लगभग 5000 ईसा पूर्व पुराने थे। इसके अलावा 1500 और 1200 ईसा पूर्व के बीच लिखे गए वैदिक ग्रंथों में भी कपास की कटाई और बुनाई का उल्लेख मिलता है।

अंग्रेजों ने बदली हैंडलूम की परंपरा- भारत परंपराओं को घर है, हालांकि, जब अंग्रेज यहां आए, तो उस वक्त हैंडलूम इंडस्ट्री बुरे दौर से गुजरी। पहले लोग प्राकृतिक फाइबर का इस्तेमाल खूब किया करते थे, लेकिन धीरे-धीरे सिंथेटिक फाइबर ने इनकी जगह लेनी शुरू कर दी। बुनकर भी समय के साथ पॉलिएस्टर जैसे सिंथेटिक फाइबर की ओर चले गए। पॉलिएस्टर जल अपरिष्कृत बनाने के लिए जाना जाता है, जिससे जल प्रदूषण होता है।

हथकरघा का इतिहास- पुराने समय में, लोग चरखे का इस्तेमाल कर रूई से कपड़ा बनाया करते थे। भारत के हर गांव में बुनकरों का एक अलग समुदाय हुआ करता था, जो चरखे जैसे छोटे उपकरणों का उपयोग कर गांव में रहने वाले लोगों के लिए हाथ से साड़ी, धोती आदि बनाया करते थे। हालांकि, यह परंपरा अंग्रेजों के आने के साथ धीरे-धीरे खत्म होती गई।

अंग्रेजों की हुकूमत ने देश के हैंडलूम सेक्टर को खत्म करने में कोई कसर नहीं छोड़ी। उस वक्त भारत सिर्फ कच्चे कपास का निर्यातक रह गया था। ब्रिटिश अधिकारी देश में मशीन से तैयार होने वाला सूत लाए और बुनकरों को अपना उत्पादन बंद करने पर मजबूर कर दिया। इसी वजह से देश के कई बुनकरों की आमदनी का ज़रिया बंद हो गया। धीरे-धीरे हथकरघा उद्योग को नुकसान होता गया और सिंथेटिक कपड़े ने उसकी जगह ले ली। मशीनों के आने से, भारत के हैंडलूम सेक्टर को काफी नुकसान पहुंचा।

फिर आया गांधीवादी दौर- भारत के बुनकरों को अपना काम जारी रखने और भारत की परंपरा का समर्थन करने में मदद करने के लिए, महात्मा गांधी ने स्वदेशी आंदोलन शुरू किया। स्वदेशी आंदोलन ने लोगों को खादी का उपयोग जारी रखने और भारतीय कपड़ों को बढ़ावा देने में मदद की। महात्मा गांधी ने हर भारतीय को चरखे का उपयोग करने और अपना सूत कातने के लिए प्रोत्साहित किया। हर भारतीय ने स्वदेशी आंदोलन का समर्थन किया और इससे उस समय की अर्थव्यवस्था पर बहुत बड़ा प्रभाव पड़ा।

लोगों ने सड़कों पर विरोध प्रदर्शन शुरू कर दिया और ब्रिटिश शासन द्वारा उन्हें दिए गए सिंथेटिक फाइबर को जला दिया। स्वदेशी आंदोलन के दौरान भारतीयों ने कई सारी मिलें भी नष्ट कर दीं। हालांकि, आज आजादी के बाद भी देश में कई मिलें मौजूद हैं, लेकिन फिर भी खादी को आज भी उतना ही सम्मान दिया जाता है।

जापान में है अनोखा 'तलाक का मंदिर', 600 साल पुराना है इसका इतिहास

आज के मॉडर्न जमाने में भी तलाकशुदा महिलाओं को कई तरह के ताने और बातें सुननी पड़ती हैं, लेकिन सदियों पहले ऐसा भी वक्त था जब महिलाओं को तलाक लेने की इजाजत भी नहीं थी। वो अत्याचार सहने पर मजबूर थीं, क्योंकि उन्हें तलाक लेने की मनाही थी।

आज के मॉडर्न जमाने में भी तलाकशुदा महिलाओं को कई तरह के ताने और बातें सुननी पड़ती हैं, लेकिन सदियों पहले ऐसा भी वक्त था जब महिलाओं को तलाक लेने की इजाजत भी नहीं थी। वो अत्याचार सहने पर मजबूर थीं, क्योंकि उन्हें तलाक लेने की मनाही थी। यह तब तक चला जब तक जापान के एक आश्रम ने इसे बदलने की नहीं सोची।

12वीं और 13वीं शताब्दी के दौरान जापानी समाज में तलाक के प्रावधान थे, लेकिन वे सिर्फ पुरुषों के लिए ही थे। पुरुष अपनी पत्नियों को आसानी से तलाक दे सकते थे जबकि महिलाएं घरेलू दुर्व्यवहार के खिलाफ खड़ी भी नहीं हो सकती थीं। उन्हें अपना पूरा जीवन अपने टॉक्सिक पतियों को समर्पित कर बिताना पड़ा क्योंकि अलग होने का कोई कानूनी तरीका नहीं था।

हालांकि, 1285 में, मातसुगोका टोकेई-जी, जिसे डिबोर्स टेम्पल के नाम से भी जाना गया। इसके दरवाजे ऐसी महिलाओं के लिए खुले, जो घरेलू हिंसा की शिकार थीं। आइए जानें जापान के इस खास मंदिर के इतिहास के बारे में।

टोकेई-जी मंदिर का इतिहास- डिबोर्स टेम्पल या तलाक का मंदिर यह नाम सुनने में जितना अजीब है, उतना ही अनोखा इसके पीछे का विचार भी है। Matsugaoka Tokeiji नाम के इस मंदिर को 600 साल पहले बनाया गया था। यह जापान के कामाकुटा शहर में स्थित है। जापान का यह मंदिर ऐसी कई महिलाओं का घर है, जो घरेलू हिंसा का शिकार बनीं। इसकी वजह भले ही बेहद दुखद और दिल दुखाने वाली हो, लेकिन इसकी सख्त जरूरत भी थी। सदियों पहले कई महिलाएं अपने अत्याचारी पति से बचने के लिए इस मंदिर में पनाह लेती थीं।

इस खास मंदिर को काकूसान-नी नाम की एक नन ने अपने पति होजो टोकीमून की याद में बनवाया था। यहीं उन्होंने उन सभी महिलाओं का स्वागत किया जो अपनी शादी से खुश नहीं थीं और न ही उनके पास तलाक लेने का कोई तरीका था।

मंदिर में नहीं थी पुरुषों को आने की अनुमति- कामकुटा युग में, पतियों को बिना कोई कारण बताए अपनी शादी को खत्म करने के लिए सिर्फ एक औपचारिक तलाक पत्र, 'साढ़े तीन पंक्तियों का नोटिस' लिखने की आवश्यकता होती थी। वहीं, दूसरी ओर महिलाओं के पास इस तरह अधिकार नहीं था। इस शादी से भाग जाना ही उनके पास इकलौता चारा था। टोकेई-जी में तीन साल रहने के बाद, उन्हें अपने पतियों के साथ वैवाहिक संबंध तोड़ने की अनुमति दी जाती थी। बाद में इस अवधि को घटाकर सिर्फ दो साल कर दिया गया था।

इस मंदिर को अक्सर 'अलगाव का मंदिर' भी कहा जाता था। 600 साल पुराने इस मंदिर में साल 1902 तक पुरुषों का आना मना था। इसके बाद 1902 में एंगाकु-जी ने जब इस मंदिर की देखरेख संभाली तो पहली बार एक पुरुष मठाधीश को नियुक्त किया।

कमी बीमारी का इलाज करने के लिए खाए जाते थे 'लड्डू', जानें इसका दिलचस्प इतिहास



लड्डू नाम संस्कृत शब्द लड्डुका से लिया गया है जिसका अर्थ है छोटी गेंद। लड्डू का जिक्र महाभारत और रामायण जैसे प्राचीन धार्मिक ग्रंथों में भी किया गया है। इन ग्रंथों में लड्डू को मोदक कहा गया है। लेकिन क्या आपने कभी सोचा है लड्डू की शुरुआत कैसे हुई?

भारत में लड्डू का महत्व धार्मिक और संस्कृति से भी जुड़ा है। इसे अक्सर मंदिरों में प्रसाद के रूप में खाया जाता

है। त्योहारों, फंक्शन और धार्मिक आयोजन में भी भक्तों के लड्डू प्रसाद के तौर पर बांटा जाता है। आज, लड्डू भारत में काफी लोकप्रिय है, जिसका आनंद बच्चों से लेकर बड़ों तक लेना पसंद करते हैं। माना जाता है कि लड्डू सबसे पुरानी भारतीय मिठाइयों में से एक है। यह सदियों से भारतीय व्यंजनों का अभिन्न अंग रहा है। 'लड्डू' नाम संस्कृत शब्द 'लड्डुका' से लिया गया है, जिसका अर्थ है छोटी गेंद। लड्डू का जिक्र महाभारत और रामायण जैसे प्राचीन धार्मिक ग्रंथों में भी किया गया है। इन ग्रंथों में, लड्डू को 'मोदक' कहा गया है।

इन लड्डूओं का इतिहास काफी रोचक है। जी हां, इसका दिलचस्प किस्सा आपको बताते हैं। इतिहासकारों के अनुसार, लड्डू बनाने की शुरुआत चौथी शताब्दी ईसा पूर्व हुई थी। उस समय लड्डू का आविष्कार महान भारतीय चिकित्सक सुश्रुत ने किया था। उस सदी में ये लड्डू गुड़, शहद, मूंगफली, तिल आदि चीजों को कूटकर तैयार किया जाता था। जो रोगियों के इलाज में दवा के रूप में दिया जाता था। लड्डू को चोल वंश में सैनिक 'गुड लक' मानते थे। वो जब भी युद्ध के लिए निकलते थे, अपने साथ लड्डू लेकर जाते थे। पहले लड्डू बनाने के लिए गुड़ का इस्तेमाल किया जाता था, लेकिन बाद में गुड़ के बजाए चीनी का इस्तेमाल होने लगा। इससे लड्डू के चाहने वालों की संख्या बढ़ती गई। भारत के मशहूर लड्डू-

बेसन के लड्डू- हमारे देश में बेसन के लड्डू लोगों की फेवरेट मिठाई है। यह भुने हुए बेसन, चीनी और घी से बनाई जाती है, जिसका आनंद किसी भी अवसर पर लिया जा सकता है। बेसन के लड्डू स्वादिष्ट होने के साथ-साथ पौष्टिक भी होते हैं। बेसन प्रोटीन, फाइबर और जटिल कार्बोहाइड्रेट का एक अच्छा स्रोत है, दूसरी ओर, घी विटामिन और खनिजों से भरपूर होता है और कई स्वास्थ्य लाभ प्रदान करता है। इसलिए बेसन के लड्डू स्वाद के साथ सेहत के लिए भी बेहतरीन है।

मोतीचूर लड्डू- 'मोतीचूर' हिंदी शब्द 'मोती' से बना है जिसका अर्थ है मोती, और 'चूर' जिसका अर्थ है टूटा-मेटा, जो मिठाई की बनावट को दर्शाता है। यह लड्डू बेसन की बूंदों से बनाई जाती है, बूंदों को लड्डूओं का आकार दिया जाता है, फिर चीनी की चाशनी में भिगोया जाता है।

नारियल का लड्डू- नारियल के लड्डू ताज़ा कसा हुआ नारियल, चीनी और दूध से बनाई जाती है। यह पूरे भारत में प्रसिद्ध है, खासकर दिवाली, नवरात्रि और होली जैसे त्योहारों के दौरान नारियल के लड्डू बनाए जाते हैं। नारियल में हेल्दी फैट्स, फाइबर, आयरन, पोटेशियम और मैग्नीशियम जैसे पोषक तत्व पाए जाते हैं, जो सेहत के लिहाज से भी फायदेमंद है।

तिल के लड्डू- तिल के लड्डू को तिलगुल लड्डू या तिल के बीज के लड्डू के नाम से भी जाना जाता है। लोग इसे सर्दियों के मौसम में खाना खूब पसंद करते हैं। मकर संक्रांति पर ये लड्डू जरूर बनाए जाते हैं। इसे तिल, गुड़ और घी से बनाया जाता है, जो ठंड के मौसम में शरीर को ऊर्जावान रखता है। तिल के बीज प्रोटीन, हेल्दी फैट्स, कैल्शियम, मैग्नीशियम और आयरन से भरपूर होते हैं।

पिन्नी लड्डू- पिन्नी लड्डू भुने और पिसे हुए गेहूं के आटे, चने के आटे (बेसन), गुड़, चीनी, और घी से तैयार किया जाता है। इसमें बादाम, काजू और किशमिश भी मिला सकते हैं। पिन्नी लड्डू सदियों का लोकप्रिय मिठाई है। खासकर इसे लोहड़ी त्योहार में पारंपरिक रूप से बनाया जाता है।

करीब 2500 साल पुराना है पापड़ का इतिहास, जानें कैसे बना भारतीय थाली का हिस्सा

भारत अपने खान-पान और स्वाद के लिए दुनिया भर में मशहूर है। यहां कई ऐसे व्यंजन मौजूद हैं, जिन का स्वाद दुनिया भर में लोगों का बेहज पसंद है। पापड़ भी ऐसा ही एक व्यंजन है, जिसे भारतीय खानपान का अहम हिस्सा माना जाता है।

भारत अपने खान-पान और स्वाद के लिए दुनिया भर में मशहूर है। यहां कई ऐसे व्यंजन मौजूद हैं, जिन का स्वाद दुनिया भर में लोगों का बेहज पसंद है। पापड़ भी ऐसा ही एक व्यंजन है, जिसे भारतीय खानपान का अहम हिस्सा माना जाता है। शादी-पार्टी हो या रात का डिनर, पापड़ भारतीय खाने का एक अहम हिस्सा है, जिसे लोग बड़े शौक से खाते हैं। कुरकुरे और मसालेदार इन पापड़ का स्वाद खाने में चार चांद लगा देता है। लेकिन क्या आपने कभी सोचा है कि जिस पापड़ को आप चटकारे लेकर खाते हैं, आखिर उसकी शुरुआत कैसे हुई और यह भारतीय खाने का हिस्सा कैसे बना।

अगर आप आज तक पापड़ के दिलचस्प इतिहास से अनजान हैं, तो हम आपको आज इसके दिलचस्प इतिहास के बारे में बताने जा रहे हैं। साथ ही यह भी बताएंगे कि कैसे यह भारत में भोजन का अहम हिस्सा बना।

कितना पुराना पापड़ का इतिहास- छोटे से लेकर बड़े तक हर कोई पापड़ को बड़े शौक से खाते हैं। लेकिन आपको जानकर हैरानी होगी कि खाने का स्वाद बढ़ाने वाले इस कुरकुरे पापड़ का इतिहास 500 ईसा पूर्व यानी 2500 साल पुराना है। खाद्य इतिहासकार और लेखक कर्टी आचार्य की एक किताब 'ए हिस्टोरिकल डिक्शनरी ऑफ इंडियन फूड' में यह जानकारी मिलती है। उनकी इस किताब में उड़द, मसूर और चने की दाल से बने पापड़ का जिक्र किया गया है। वहीं, भारत में इसके इतिहास की बात करें तो यहां पर पापड़ कम से कम 1500 साल पुराने हैं। पड़ोसी मुल्क से कैसे भारत आया पापड़- पापड़ का पहला उल्लेख जैन साहित्य में देखने को मिलता है, क्योंकि मारवाड़ के जैन समुदाय में पापड़ काफी समय से प्रचलित है। दरअसल, यहां के लोग अपनी यात्राओं में पापड़ साथ लेकर जाते थे। वहीं, अगर बात करें पापड़ के भारत आने की तो यह पड़ोसी मुल्क पाकिस्तान से हमारे देश पहुंचा था। पापड़ बनाने के लिए सिंध (पाकिस्तान) को काफी सही माना जाता था, क्योंकि यहां की वायु और उच्च तापमान पापड़ बनाने के लिए बिल्कुल सही था। साल 1947 में जब बंटवारा हुआ, तो ज्यादातर सिंधी हिंदू भारत आ गए और अपने साथ पापड़ भी लेकर आए।

पेट पालने का बना जरिया- उस समय यह वहां के लोगों का मुख्य भोजन बन गया था, क्योंकि पापड़ शरीर में पानी की पूर्ति करने के साथ ही तरोताजा बनाए रखने में भी मदद करता था। पापड़ की बढ़ती खपत को देख वहां के लोगों ने पापड़ बनाकर पैसे कमाना शुरू कर दिए। पाकिस्तान से भारत आए इन सिंधियों को अपनी जीविका चलाने के लिए काफी संघर्ष करना पड़ता था। ऐसे में बहुत सी महिलाएं अपने परिवार का भरण-पोषण करने के लिए पापड़ और अचार बेचकर ही पैसे कमाती थीं। पेट भरने और जीविका चलाने के लिए इस्तेमाल में आने वाला पापड़ आज पूरे देश में बड़े चाव से खाया जाता है।



Macau and Hong Kong attract thousands of tourists during Golden Week holidays

Hundreds of thousands of visitors have flocked to the Chinese-controlled regions of Macau and Hong Kong since Sept. 29, data shows as China wraps up its Golden Week holiday, although the figures amounted to just about 85% of pre-pandemic levels. In the world's biggest gambling hub of Macau, about 900,000 visitors swarmed narrow cobblestoned streets, many to punt in dozens of glitzy casinos, while others took selfie photographs at historic spots such as Senado Square.

During the eight-day national holiday, which runs until Friday, the number of daily visitors has surged more than five times from last year, taking hotel occupancy rates beyond 90%,

executives said, speaking on condition of anonymity. In a statement, the Macau government said, "The tourism bureau has urged hotel industry venues to optimise measures to cope with peak passenger flow." Adding staff, shuttle buses and check-in counters are among such steps.

Mainland Chinese visitors constitute about 80% of visitors to the former Portuguese colony, which has a population of about 700,000 and is the only place in China where casino gambling is legal. Mass gaming revenues have bounced back to pre-COVID levels, however, analysts said, citing a recovery of more than 100%, although earnings in the coveted "big-whale" VIP category was an estimated 15% of before.

Long weekend brings tourists back to flood-hit Himachal



After a devastating monsoon, the long weekend has come as a relief for Himachal Pradesh's tourism industry. Hotels in Shimla and Manali, the hardest hit among tourist towns, saw an uptick in occupancy. While Shimla saw 60% occupancy, Manali hotels reported 40% occupancy during the three-day holiday period. With the weather improving, the state government resumed Volvo bus services to Manali four days ago. The move proved to be a lifeline for local hotels. Manali hotelier Mukesh Thakur said, "After the flood ravaged this town in July and August, our

hopes of tourism revival were crashed. We thought that it would take months to see a revival as tourists had begun preferring Kashmir. But now, the footfall is gradually increasing."

Sachin Kumar, a taxi driver in Manali, echoed the sentiment, saying, "It's good for all that tourists are returning to Manali. On Sunday, there were 60 Volvo buses in town."

In July and August, unprecedented rainfall wreaked havoc in the state, causing landslides, flash floods, and damage to property. As many as 481 people lost their lives, while 40 have been missing in rain-related incidents since June 24.

Qatar Tourism announces global events scheduled for this month

The Countdown is On: Skyscanner shares traveller insight ahead of global sporting event taking place in Qatar In addition to major sporting events, October will see international art exhibitions, significant trade fairs and musical performances, among other events With the Geneva International Motor Show Qatar, Formula 1 Qatar Grand Prix 2023 and Expo 2023 Doha all lined up in October, the latest edition of the Qatar Tourism monthly Qatar Calendar guide is packed with some of the biggest events of the year. In addition to major sporting events, October will see international art exhibitions, significant trade fairs and musical performances, among other events, which collectively cater to diverse tastes and interests and are suited to audiences of all ages. Commenting on the exciting calendar for this month, Sheikha Noor Abdulla Al Thani, acting head of Tourism Events and Festivals Organising Section at Qatar Tourism, said: "Qatar is a hub for global, world-class events, which will be clearly demonstrated in this upcoming calendar of events in October. Taking place across some of Qatar's most elaborate venues, the events simultaneously highlight Qatar's commitment to creating premium sporting facilities, concert halls, museums and green spaces that elevate the leisure and entertainment experience."

Some of the activities: Geneva International Motor Show (GIMS) at Doha Exhibition and Convention Centre (DECC) from Oct 5 to 14. Spanning over 10,000m² at the Doha Exhibition and Convention Centre (DECC), the exhibition will host 31 renowned automotive brands, including Toyota, Lexus, Porsche, Volkswagen, Lamborghini, BMW, KIA, Audi, McLaren, Mercedes-Benz, Vinfast, Chery and much more. Alongside the main exhibition, GIMS Qatar 2023 will create the ultimate automotive festival of automotive excellence in Qatar with four immersive experiences taking place across some of the most prominent tourism destinations in the country.

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